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# Go Dive

Learn how to SCUBA dive  
with our  
**PADI Open Water Diver Course**



**\$499.00**

This brochure sets out all you need to know about our easy  
**4 DIVE Open Water Course**

# What do I learn?

When you sign up you will be issued with your PADI Open Water study pack, this contains the Open Water manual, the recreational dive planner table and instructions for use, and your dive log.

(see PADI Go Dive booklet Page 3)

## Knowledge development

### **Important**



You will need to study the manual and fill out the 5 knowledge reviews, and read through the how to use RDP book before the first night. If you are unable to complete the knowledge reviews before Monday, please allow additional time on another day, this may also incur additional charges.

## Monday 6:00pm - 10:00pm at Dive HQ

Today we will help you with anything that you couldn't understand during your home study.

Please complete the knowledge reviews and the 10 answer multi choice quiz on each section.

We will review and answer any questions. After this you will find it easy to pass the exam. This is a 50-question multi choice exam, which will also be completed.

**Now you are ready to apply your new knowledge in the water!!**

# Pool sessions at the Rotorua Aquatic Centre

Please note pool sessions may vary from what is advertised in this booklet. (see PADI Go Dive booklet Page 3)

**Please have your mask, snorkel, fins and boots with you**

This is when the fun begins!!

You will take your first breath underwater, something you will never forget.

## Tuesday or Wednesday 5.30– 9.00pm

We start in the shallow, so you have the reassurance of being able to stand up if needed, and once you are comfortable we then move into the deeper pool.

You will learn the basics from defogging your mask to using your lungs to control your buoyancy.



## Wednesday or Thursday 5.30pm to 9.00pm

We finish off all the scuba skills and practice anything you need to.

We also learn some basic skin diving skills.

Then it's the 200 meter swim, (any style and no time limit), and the 10 min survival float.

# Open Water dives

(Refer to PADI Go Dive booklet Page 3)

This is where you put your new skills and knowledge to use.

We do our dives at Lake Rotoma (Otangiwai Point).

This is a perfect training site, the visibility is good to great, the entry and exit point is an easy walk into a shallow bay where you can easily put on your fins and mask.



The bottom is a gradual slope made up rock and pebbles so the visibility is not affected by us doing our skills.

There are koura (fresh water crayfish), trout and the occasional eel to see, so this site is perfect for you to make your transition from pool to open water.

Please note: we do not touch or move the koura.

## **Saturday 9.00am- 4.00pm**

### **Dives one and two**

Today we head out to Lake Rotoma (Otangiwai Point).

Dive one is a 20 min dive, we will have a tour around the dive site and get even more comfortable with diving.

After the first dive we will have a surface interval, this will give us time to have lunch and talk about the dive.

Dive two has some surface skills and also skills during the dive. After this we will log the days dives and head home.

## **Sunday 9:00am- 4.00pm**

### **Dives Three and Four**

Today we head back to the lake and finish off the skills you have learnt and also learn the basics of using a compass.

Dive three and four will be a bit deeper (max 18 meters) and we will be finishing off the skills and also have time for a tour.

**You are now a  
PADI Open Water Diver**

# What gear do I need?

(Refer PADI Go Dive booklet Page 5)

You will need your own *Mask, Snorkel, Fins and Boots*, as these items have a personal fit.

The rest of the gear is supplied in the course but it is a good idea to get as much gear as possible before you start.



This helps you get comfortable with your gear and also more comfortable during training.

We have a wide range of gear in store and our friendly staff will be more than happy to help.

## Who can dive? (See PADI Go Dive booklet Page 7)

Anyone can dive!!!

As long as you are physically and mentally fit to dive you can start diving as young as 10, you just need your doctor to sign off your *dive medical*.

New Zealand law requires that you have a medical clearance from your doctor.



We have dive medical forms in store and you will need to go through this with your doctor before the course start date.

**Warning**  
**Diving is Addictive!!!**